Sydenham Tennis & Squash Club
Use of changing rooms and showering policy

Purpose and Scope

Sydenham Tennis & Squash Club (the Club) strives to ensure that all children (anyone under 18) are safeguarded from abuse and have an enjoyable experience.

This policy applies to all staff, coaches, volunteers, players, parents/carers and any other individuals associated with the Club.

This document sets out the Club policy for the acceptable use of our changing rooms.

1. Groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.

2. If adults and children need to share our changing rooms, they will do so at different times where possible.

3. Where it is unavoidable that the male and female changing rooms, and toilet areas, are used by both adults and children at the same time, adults must not change or remove their clothes while children are using these areas. Children must not change their clothes unless a parent or carer is present.

4. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.

5. Mixed gender groups of children will have access to separate changing rooms, or use the same changing room but at different times.

6. Mobile phones and other electronic devices must not be used in changing rooms.

7. For younger groups of children, a DBS checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.

8. Where no changing facilities are available children, parents and travelling teams/players will be made aware prior to the game and advised to make alternative arrangements and to take appropriate additional clothing e.g. tracksuits etc.

Related policies and procedures

This policy should be read alongside the Club policies and procedures, including:

- Safeguarding policy
- Equity, Diversity and Inclusion policy
- Codes of conduct for staff and volunteers
- Staff Handbook
- Any other relevant policies issued

Useful contacts

NSPCC Helpline 0808 800 5000
Childline 0800 1111 / www.childline.org.uk
Kidscape www.kidscape.org.uk

This policy is reviewed every three years (or earlier if there is a change in national legislation).

Chair: Gillian Bartlett

Welfare Officer: Dez Lewington

Sydenham Tennis & Squash Club is the trading name of Sydenham Lawn Tennis & Croquet Club Ltd.